

# 8 WAYS

# TO NURTURE GRATITUDE IN YOUR HOME THIS THANKSGIVING

1

## Color

Color a picture or write a letter for someone you are thankful for, and plan a way to deliver it. Before you deliver it, **pray for that person**, and thank God for them!

2

## Write

On a poster board write, "I am thankful for..." in the middle. Write around it the things that **God has given you** that you are thankful for! Hang it up where everyone can see it, and keep adding to it!

3

## Memorize

Memorize **Psalm 106:1**. Discuss God's love and how it never ends, and share the gospel with your child.

4

## Bake

Invite your child to help you make a special Thanksgiving dish or dessert. As you're cooking, tell your child **the things that you love about them**.

5

## Encourage

Write each family member's name on a piece of scrap paper, and put them in a bowl. At mealtime, take turns as a family drawing names out of the bowl and **sharing what you are thankful** for about that person.

6

## Dance

**Jam out** and have a dance party to the song "I Thank God" by Maverick City Music.

7

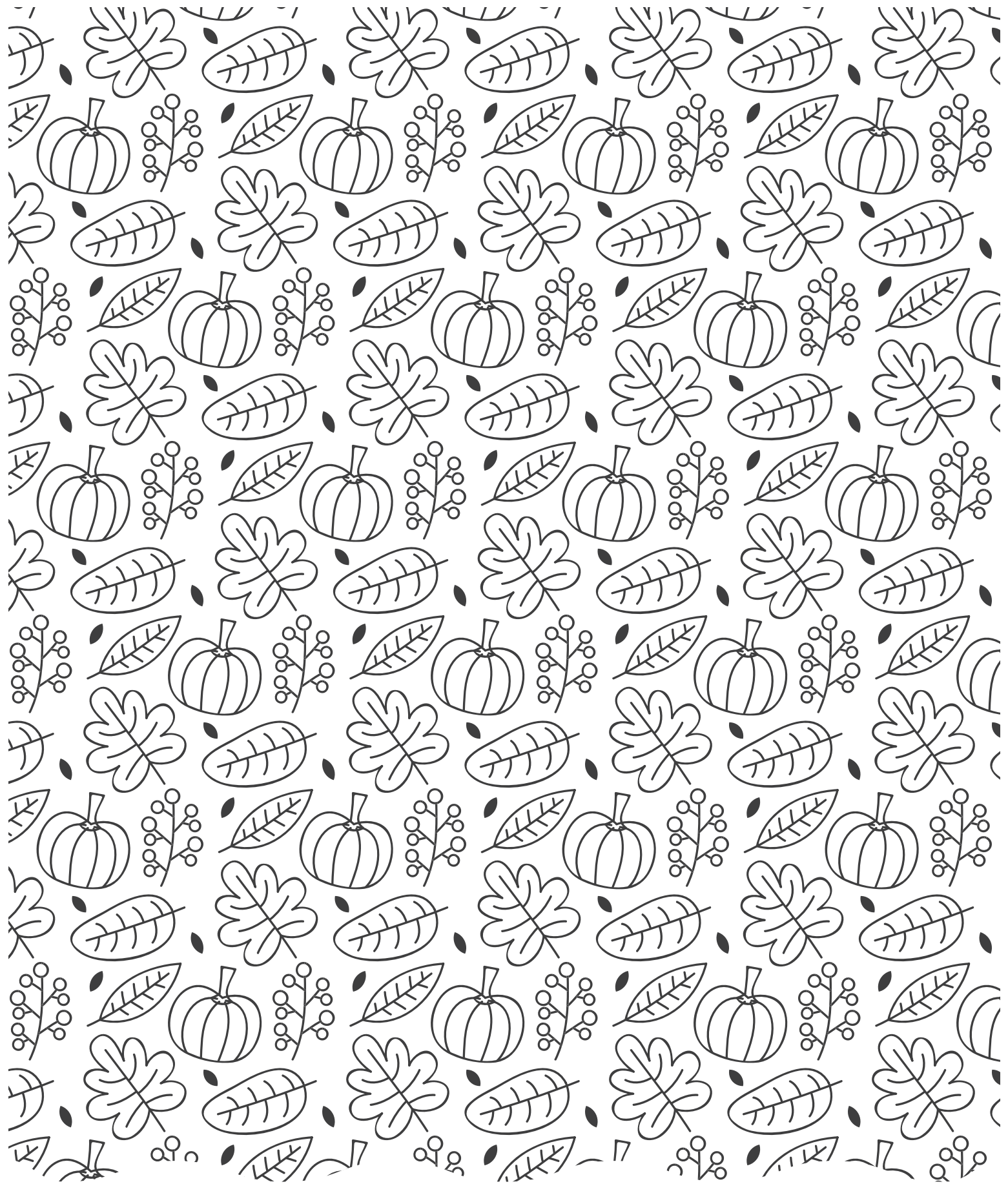
## Discuss

While traveling, use the car time to **discuss what you are thankful for** about the family members you will be visiting. When you arrive, have your child share it with them.

8

## Create

Make a hand turkey craft. On the feathers, list **characteristics of God** that you are thankful for!



Hallelujah! Give thanks to the LORD, for he is good;  
his faithful love endures forever.

PSALM 106:1